

1

00:00:00,000 --> 00:00:02,000

I do believe in life after death.

2

00:00:02,000 --> 00:00:04,000

I've been there.

3

00:00:04,000 --> 00:00:08,000

On unexplained mysteries, dead and back again.

4

00:00:08,000 --> 00:00:12,000

13 million Americans have had some type of near-death experience.

5

00:00:12,000 --> 00:00:15,000

A soldier is shot and believes he's dead.

6

00:00:15,000 --> 00:00:21,000

I was in this dark corridor and I suddenly came into a bright white light.

7

00:00:21,000 --> 00:00:27,000

Witnesses report that near-death experiences contain similar features.

8

00:00:27,000 --> 00:00:29,000

There's a sense of being separated from the physical body.

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00:00:29,000 --> 00:00:34,000

I do remember being up in the corner suddenly of this room.

10

00:00:34,000 --> 00:00:38,000

And many people are overwhelmed with a feeling of peace.

11

00:00:38,000 --> 00:00:46,000

They seem to go through this tunnel into an incredibly brilliant, warm, loving and accepting light.

12

00:00:46,000 --> 00:00:48,000

The light is all around you. It is you.

13

00:00:48,000 --> 00:00:52,000

A light which some interpret as a higher power.

14

00:00:52,000 --> 00:00:56,000

I was back with my creator, with God.

15

00:00:56,000 --> 00:00:59,000

A teenage boy is in a paralyzing accident.

16

00:00:59,000 --> 00:01:03,000

He believes he was saved by spiritual beings.

17

00:01:03,000 --> 00:01:07,000

A woman is trapped in her car with her children.

18

00:01:07,000 --> 00:01:10,000

Somehow, she finds the strength to survive.

19

00:01:10,000 --> 00:01:13,000

I have this incredible feeling come through me.

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00:01:13,000 --> 00:01:15,000

I call it my occupied love.

21

00:01:15,000 --> 00:01:20,000

Survivors of near-death experiences report a greater understanding of their lives.

22

00:01:20,000 --> 00:01:23,000

I had a panoramic review of my life, I've experienced I'd ever had.

23

00:01:23,000 --> 00:01:27,000

I was told that I had not completed my time on Earth.

24

00:01:27,000 --> 00:01:33,000

The incredible account of a Canadian man who believes his life is linked to a Holocaust victim.

25

00:01:33,000 --> 00:01:39,000

I then realized they died from suffocation because of the bodies on top of me.

26

00:01:39,000 --> 00:01:44,000

World-famous psychic James Van Prague helps a man plagued by the death of his mother.

27

00:01:44,000 --> 00:01:47,000

The biggest thing I would hope for is just a chance to say goodbye.

28

00:01:47,000 --> 00:01:49,000

And I loved her very much.

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00:01:49,000 --> 00:01:53,000

Van Prague reveals unexpected details when he talks to her.

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00:01:53,000 --> 00:01:56,000

And she's telling me that she planned this whole thing.

31

00:01:56,000 --> 00:01:58,000

And she wants me to tell you that, okay?

32

00:01:58,000 --> 00:02:00,000

She planned this.

33

00:02:00,000 --> 00:02:03,000

And he gives them an important message from beyond.

34

00:02:03,000 --> 00:02:05,000

She loves you both.

35

00:02:05,000 --> 00:02:07,000

And she wants to thank you for helping her boy.

36

00:02:07,000 --> 00:02:12,000

And we'll wrap up all the amazing stories with our UNEX report.

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00:02:12,000 --> 00:02:15,000

This is UNEXPREMED MISTURES.

38

00:02:15,000 --> 00:02:18,000

Dead and back again.

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00:02:20,000 --> 00:02:23,000

Is death the final step of your life?

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00:02:23,000 --> 00:02:25,000

Some people say no.

41

00:02:25,000 --> 00:02:31,000

They have met angelic beings and reviewed their lives, all after they were legally dead.

42

00:02:31,000 --> 00:02:34,000

But they came back to tell about it.

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00:02:34,000 --> 00:02:37,000

A GI was seriously wounded in battle.

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00:02:40,000 --> 00:02:47,000

The happened when I was 19 years old serving in Vietnam as a combat infantry soldier.

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00:02:47,000 --> 00:02:51,000

VandenBush was hit in the right eye and vocal cords.

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00:02:51,000 --> 00:02:54,000

He thought his life had come to an end.

47

00:02:54,000 --> 00:02:55,000

And I laid down.

48

00:02:55,000 --> 00:02:57,000

And the next thing I know, the world was gone.

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00:02:57,000 --> 00:03:00,000

There was no more shooting, no more noise.

50

00:03:00,000 --> 00:03:03,000

And I was in this dark corridor.

51

00:03:03,000 --> 00:03:07,000

And I suddenly came into a bright, white light.

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00:03:07,000 --> 00:03:10,000

But he believes he wasn't destined to remain in the light.

53

00:03:10,000 --> 00:03:13,000

It was like, you have to go back because you have a higher purpose.

54

00:03:13,000 --> 00:03:18,000

So I turned, I was back in the dark corridor.

55

00:03:18,000 --> 00:03:21,000

And suddenly back lying on the ground in the war zone.

56

00:03:21,000 --> 00:03:24,000

I'm all going to die. It's inevitable.

57

00:03:24,000 --> 00:03:27,000

But that doesn't frighten me.

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00:03:27,000 --> 00:03:30,000

I have no fear of death. I know that death is peaceful.

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00:03:33,000 --> 00:03:37,000

Experts note similar qualities in their near-death research.

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00:03:37,000 --> 00:03:40,000

A core near-death experience has several distinct features.

61

00:03:40,000 --> 00:03:43,000

There's a sense of being separated from the physical body,

62

00:03:43,000 --> 00:03:45,000

being able to look at it like a spectator would,

63

00:03:45,000 --> 00:03:47,000

from an elevated position above it.

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00:03:47,000 --> 00:03:51,000

A real estate broker went into shock and his heart stopped.

65

00:03:51,000 --> 00:03:56,000

I do remember being up in the corner suddenly out of this room

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00:03:56,000 --> 00:03:58,000

where the doctors were.

67

00:04:00,000 --> 00:04:02,000

I've really worked at trying to describe it.

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00:04:02,000 --> 00:04:05,000

And remember, it's not your body that's going.

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00:04:05,000 --> 00:04:07,000

But it is you that's going.

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00:04:07,000 --> 00:04:10,000

They seem to go through this tunnel

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00:04:10,000 --> 00:04:12,000

and they come out on the other side

72

00:04:12,000 --> 00:04:17,000

into an incredibly brilliant and warm and loving and accepting light.

73

00:04:17,000 --> 00:04:21,000

An artist was almost killed in a car accident.

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00:04:21,000 --> 00:04:23,000

He too saw light.

75

00:04:24,000 --> 00:04:27,000

The light is all around you. It is you.

76

00:04:27,000 --> 00:04:29,000

It's like totally encompassing with your being.

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00:04:29,000 --> 00:04:32,000

If I ever get fearful in this conscious life,

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00:04:32,000 --> 00:04:35,000

I can think back to that time and think,

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00:04:35,000 --> 00:04:37,000

well, it was a beautiful experience.

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00:04:37,000 --> 00:04:40,000

So what's there to be afraid of?

81

00:04:41,000 --> 00:04:44,000

Experts claim that one does not have to be near-death

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00:04:44,000 --> 00:04:46,000

to have this sensation.

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00:04:46,000 --> 00:04:48,000

You could be in a deep spiritual crisis.

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00:04:48,000 --> 00:04:52,000

You could have a spontaneous out-of-body experience.

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00:04:52,000 --> 00:04:54,000

You could have this kind of experience

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00:04:54,000 --> 00:04:56,000

as a result of meditative practice.

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00:04:56,000 --> 00:04:59,000

You don't necessarily have to be physically close to death.

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00:04:59,000 --> 00:05:02,000

But some experts counter that these experiences

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00:05:02,000 --> 00:05:04,000

are difficult to categorize.

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00:05:04,000 --> 00:05:06,000

One of the problems with some of the explanations

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00:05:06,000 --> 00:05:09,000

is they always try to explain it in terms of their specialties.

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00:05:09,000 --> 00:05:14,000

Zaleski has studied concepts of death throughout the ages.

93

00:05:14,000 --> 00:05:17,000

I think they do reflect cultural expectations,

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00:05:17,000 --> 00:05:20,000

cultural aspirations that go very, very deep

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00:05:20,000 --> 00:05:23,000

and go much deeper than some of the influences

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00:05:23,000 --> 00:05:26,000

that we might be exposed to in a Sunday school classroom.

97

00:05:26,000 --> 00:05:30,000

A high percentage of Americans believe they,

98

00:05:30,000 --> 00:05:34,000

or someone they know, have had a near-death experience.

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00:05:34,000 --> 00:05:38,000

13 million Americans have had some type of near-death experience.

100

00:05:38,000 --> 00:05:40,000

I'm just one of them.

101

00:05:40,000 --> 00:05:42,000

I believe that it's important to get the message out

102

00:05:42,000 --> 00:05:43,000

about the near-death experience

103

00:05:43,000 --> 00:05:46,000

because there's just too many people afraid of death.

104

00:05:46,000 --> 00:05:49,000

Near-death experiences share a similar sensation

105

00:05:49,000 --> 00:05:51,000

of being out-of-body.

106

00:05:51,000 --> 00:05:53,000

You're helpless. You feel helpless.

107

00:05:53,000 --> 00:05:55,000

For the first time in your life, you're totally helpless.

108

00:05:56,000 --> 00:06:00,000

Then I felt a tremendous sinking sensation

109

00:06:00,000 --> 00:06:03,000

and then I came out of my chest

110

00:06:03,000 --> 00:06:05,000

and rose up to the ceiling

111

00:06:05,000 --> 00:06:09,000

and I could look down and see my body lying there on the bed.

112

00:06:09,000 --> 00:06:12,000

And rapidly I'm pulled out of my body

113

00:06:12,000 --> 00:06:17,000

and right into a dark, totally dark tunnel

114

00:06:17,000 --> 00:06:20,000

with a sensation of speed, rapid speed.

115

00:06:20,000 --> 00:06:23,000

I saw a pinpoint of light in this darkness

116

00:06:23,000 --> 00:06:25,000

and I was attracted to it.

117

00:06:25,000 --> 00:06:28,000

So I turned and I began to travel very rapidly

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00:06:28,000 --> 00:06:30,000

towards that bright light.

119

00:06:30,000 --> 00:06:33,000

I was part of the light and the light was part of me.

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00:06:33,000 --> 00:06:38,000

It was not painful. It was absolutely wonderful.

121

00:06:38,000 --> 00:06:42,000

Witnesses say it's a profound learning experience.

122

00:06:42,000 --> 00:06:46,000

And I was able to ask thousands of questions,

123

00:06:46,000 --> 00:06:48,000

millions of questions,

124

00:06:48,000 --> 00:06:52,000

and have every one of my questions answered.

125

00:06:52,000 --> 00:06:57,000

Then to my right came a being, a being of light.

126

00:06:57,000 --> 00:07:01,000

And this being was there to witness or be with me.

127

00:07:01,000 --> 00:07:03,000

I had a panoramic review of my life.

128

00:07:03,000 --> 00:07:06,000

I felt every emotion, everything I'd ever done,

129

00:07:06,000 --> 00:07:07,000

every word I'd ever said,

130

00:07:07,000 --> 00:07:09,000

and every experience I'd ever had

131

00:07:09,000 --> 00:07:11,000

with anyone I'd ever come in contact with.

132

00:07:11,000 --> 00:07:16,000

When I re-entered my body, it was like I'd been in a car crash.

133

00:07:16,000 --> 00:07:18,000

I crashed back in.

134

00:07:18,000 --> 00:07:21,000

It was a jolt that I felt right down to the fiber of my spine.

135

00:07:21,000 --> 00:07:28,000

There is absolutely no way to fully describe the beauty that is there.

136

00:07:28,000 --> 00:07:35,000

They said a good analogy would be that heaven is like the print

137

00:07:35,000 --> 00:07:38,000

and earth would be much like the negative.

138

00:07:38,000 --> 00:07:42,000

Many doctors and scientists insist that near-death experiences

139

00:07:42,000 --> 00:07:45,000

are caused when the brain doesn't get oxygen.

140

00:07:45,000 --> 00:07:48,000

There's nothing magical about a near-death experience.

141

00:07:48,000 --> 00:07:50,000

The basic themes of the near-death experience

142

00:07:50,000 --> 00:07:52,000

are remarkably similar across cultures,

143

00:07:52,000 --> 00:07:55,000

the reason being that the 5 billion brains that make up this planet

144

00:07:55,000 --> 00:07:57,000

are remarkably similar in their structure.

145

00:07:57,000 --> 00:08:00,000

Dr. Persinger feels a near-death experience

146

00:08:00,000 --> 00:08:02,000

could be replicated artificially

147

00:08:02,000 --> 00:08:06,000

by subjecting the brain to low-level magnetic fields.

148

00:08:06,000 --> 00:08:10,000

If you stimulate the brain with a different kind of pattern,

149

00:08:10,000 --> 00:08:14,000

you make the person feel pleasurable, leaving their body.

150

00:08:14,000 --> 00:08:16,000

In fact, the most common experience I've ever had

151

00:08:16,000 --> 00:08:22,000

is the feeling of being detached, feeling floating,

152

00:08:22,000 --> 00:08:25,000

feeling as if there's a sense of a presence.

153

00:08:25,000 --> 00:08:27,000

For those who claim near-death experiences,

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00:08:27,000 --> 00:08:30,000

scientific rationale comes up short.

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00:08:30,000 --> 00:08:33,000

The fact that we now understand the part of the brain

156

00:08:33,000 --> 00:08:36,000

that mediates the experience does not demean the experience

157

00:08:36,000 --> 00:08:39,000

and does not make it less useful or less important.

158

00:08:39,000 --> 00:08:42,000

There are things that happen in a near-death experience

159

00:08:42,000 --> 00:08:45,000

that have yet to be explained by the brain.

160

00:08:45,000 --> 00:08:49,000

Even though you might get a doctor to explain to me my body,

161

00:08:49,000 --> 00:08:52,000

they cannot explain to me my spirit.

162

00:08:53,000 --> 00:08:56,000

Later on Unexplained Mysteries,

163

00:08:56,000 --> 00:09:01,000

a paralyzed teen gives up hope, then has an enlightening experience.

164

00:09:01,000 --> 00:09:03,000

It was very dark and lonely,

165

00:09:03,000 --> 00:09:08,000

and that was just replaced by a brilliant, brilliant light.

166

00:09:08,000 --> 00:09:11,000

A family car tumbles into an icy river.

167

00:09:11,000 --> 00:09:12,000

The father dies,

168

00:09:12,000 --> 00:09:15,000

but his wife is sure his spirit helped them survive.

169

00:09:15,000 --> 00:09:19,000

He knew that the only way that his family was going to make it

170

00:09:19,000 --> 00:09:22,000

was if he could be there and help us.

171

00:09:22,000 --> 00:09:25,000

A farmer is convinced that a Holocaust victim

172

00:09:25,000 --> 00:09:28,000

is reincarnated in his soul.

173

00:09:28,000 --> 00:09:30,000

Without a doubt, it was not me.

174

00:09:30,000 --> 00:09:33,000

It was another man.

175

00:09:33,000 --> 00:09:35,000

And experts agree with him.

176

00:09:35,000 --> 00:09:38,000

We have many stories of people reincarnating from disasters.

177

00:09:38,000 --> 00:09:42,000

A well-known psychic helps a troubled young man

178

00:09:42,000 --> 00:09:44,000

by talking to his dead mother.

179

00:09:44,000 --> 00:09:48,000

And your mom is here, and she's giving you both a kiss.

180

00:09:48,000 --> 00:09:51,000

The emotional reunion brings up difficult memories.

181

00:09:51,000 --> 00:09:54,000

And it's like she stands on that road and she looks around,

182

00:09:54,000 --> 00:09:56,000

and I don't know what it means.

183

00:09:56,000 --> 00:09:59,000

Plus, we'll wrap it all up in the Unex report,

184

00:09:59,000 --> 00:10:02,000

here on Unexplained Mysteries.

185

00:10:03,000 --> 00:10:06,000

Unexplained Mysteries.

186

00:10:06,000 --> 00:10:09,000

Dead and back again.

187

00:10:09,000 --> 00:10:14,000

A near-death experience often leads to a new appreciation of life.

188

00:10:20,000 --> 00:10:23,000

Tragedy strikes a tight-knit family

189

00:10:23,000 --> 00:10:26,000

when one of the boys has a terrible accident

190

00:10:26,000 --> 00:10:29,000

while searching for the perfect Christmas tree.

191

00:10:29,000 --> 00:10:31,000

The hill was very, very steep.

192

00:10:31,000 --> 00:10:33,000

The tree was very, very tall.

193

00:10:33,000 --> 00:10:35,000

And it was starting to get dark.

194

00:10:35,000 --> 00:10:37,000

It was definitely, I don't know,

195

00:10:37,000 --> 00:10:39,000

like I was possessed to get the tree.

196

00:10:39,000 --> 00:10:41,000

I didn't see any danger.

197

00:10:41,000 --> 00:10:44,000

Will climbed the tree to cut off the top.

198

00:10:44,000 --> 00:10:47,000

Then his life changed forever.

199

00:10:47,000 --> 00:10:49,000

I just was enjoying the beauty

200

00:10:49,000 --> 00:10:52,000

when I could feel my arms

201

00:10:52,000 --> 00:10:54,000

scrambling out, trying to find branches.

202

00:10:54,000 --> 00:10:56,000

But I didn't have any.

203

00:10:56,000 --> 00:10:58,000

I remember hitting the ground,

204

00:10:58,000 --> 00:11:00,000

but it wasn't very intense.

205

00:11:00,000 --> 00:11:03,000

Like you might think, it was just like jelly

206

00:11:03,000 --> 00:11:05,000

spotting on the floor.

207

00:11:05,000 --> 00:11:07,000

And I couldn't feel anything.

208

00:11:07,000 --> 00:11:09,000

Will had fallen 50 feet.

209

00:11:09,000 --> 00:11:13,000

Doctors were extremely concerned about his condition.

210

00:11:13,000 --> 00:11:15,000

Will arrived in the emergency room.

211

00:11:15,000 --> 00:11:17,000

He was totally paralyzed,

212

00:11:17,000 --> 00:11:19,000

although he was breathing on his own.

213

00:11:19,000 --> 00:11:21,000

X-ray revealed a fracture,

214

00:11:21,000 --> 00:11:23,000

dislocation of the leg,

215

00:11:23,000 --> 00:11:27,000

cervical vertebrae C4 on C5.

216

00:11:27,000 --> 00:11:29,000

I remember doctor,

217

00:11:29,000 --> 00:11:31,000

the doctor examining me

218

00:11:31,000 --> 00:11:34,000

and kind of saying he had a needle

219

00:11:34,000 --> 00:11:36,000

or he had a sharp, something sharp.

220

00:11:36,000 --> 00:11:37,000

And he was saying,

221

00:11:37,000 --> 00:11:39,000

do you feel this?

222

00:11:39,000 --> 00:11:41,000

No, do you feel this?

223

00:11:41,000 --> 00:11:43,000

No, do you feel this?

224

00:11:43,000 --> 00:11:44,000

No.

225

00:11:44,000 --> 00:11:46,000

Will was flown to a hospital in Montana,

226

00:11:46,000 --> 00:11:48,000

but his condition quickly got worse

227

00:11:48,000 --> 00:11:50,000

as he slipped into the hospital.

228

00:11:50,000 --> 00:11:53,000

When someone is totally out,

229

00:11:53,000 --> 00:11:55,000

the chances of recovering

230

00:11:55,000 --> 00:11:59,000

are as near zero as you can get.

231

00:11:59,000 --> 00:12:01,000

He just laid there

232

00:12:01,000 --> 00:12:03,000

and kind of like he was in a trance

233

00:12:03,000 --> 00:12:05,000

and I said, what's happening, Will?

234

00:12:05,000 --> 00:12:08,000

And he says, I'm just practicing being a vegetable.

235

00:12:08,000 --> 00:12:12,000

To me, it's the most single devastating injury

236

00:12:12,000 --> 00:12:15,000

that people get.

237

00:12:15,000 --> 00:12:18,000

I'm not sure if it's because of the pain

238

00:12:18,000 --> 00:12:22,000

that people get because they're locked inside a body,

239

00:12:22,000 --> 00:12:24,000

they can't do anything.

240

00:12:24,000 --> 00:12:27,000

It comes as a sudden thing in almost every instance.

241

00:12:27,000 --> 00:12:30,000

If I could, I would have taken a lot.

242

00:12:30,000 --> 00:12:33,000

But I couldn't, I couldn't move.

243

00:12:33,000 --> 00:12:36,000

So I did the only thing I could do.

244

00:12:36,000 --> 00:12:39,000

I asked my mother.

245

00:12:39,000 --> 00:12:40,000

He says, if you really love me,

246

00:12:40,000 --> 00:12:42,000

you'd get me out of my misery

247

00:12:42,000 --> 00:12:44,000

and you'd take this pillow and put over my face.

248

00:12:44,000 --> 00:12:46,000

Did you just look back at me

249

00:12:46,000 --> 00:12:49,000

with loving eyes

250

00:12:49,000 --> 00:12:52,000

and didn't say, couldn't respond?

251

00:12:52,000 --> 00:12:54,000

Will gave up hope.

252

00:12:54,000 --> 00:12:56,000

He didn't want to do his physical therapy.

253

00:12:56,000 --> 00:12:59,000

Then another accident happened.

254

00:12:59,000 --> 00:13:01,000

They got me on the tilt table

255

00:13:01,000 --> 00:13:03,000

and tilted me up way too fast.

256

00:13:03,000 --> 00:13:06,000

And I do remember I could see the floor

257

00:13:06,000 --> 00:13:09,000

for the first time in my new life.

258

00:13:09,000 --> 00:13:12,000

And I could feel the blood

259

00:13:12,000 --> 00:13:14,000

just running out of my head.

260

00:13:14,000 --> 00:13:17,000

And the room started to give a little bit of dark

261

00:13:17,000 --> 00:13:19,000

and splotchy.

262

00:13:19,000 --> 00:13:21,000

And he just passed out

263

00:13:21,000 --> 00:13:23,000

and the nurse couldn't get a blood pressure.

264

00:13:23,000 --> 00:13:25,000

We couldn't get a heartbeat.

265

00:13:25,000 --> 00:13:27,000

I wanted to die.

266

00:13:27,000 --> 00:13:30,000

And all those prayers that I'd said

267

00:13:30,000 --> 00:13:32,000

every night were answered.

268

00:13:32,000 --> 00:13:35,000

It was very dark and lonely.

269

00:13:35,000 --> 00:13:38,000

And that was just replaced

270

00:13:38,000 --> 00:13:42,000

by a brilliant, brilliant light

271

00:13:42,000 --> 00:13:45,000

that just completely drowned the darkness

272

00:13:45,000 --> 00:13:47,000

and my whole soul

273

00:13:47,000 --> 00:13:50,000

was just completely immersed in this light.

274

00:13:50,000 --> 00:13:52,000

Will got the overwhelming feeling

275

00:13:52,000 --> 00:13:55,000

the light was giving him a choice.

276

00:13:55,000 --> 00:13:58,000

To die and go over this light

277

00:13:58,000 --> 00:14:01,000

was taking me or breathe and live.

278

00:14:01,000 --> 00:14:03,000

He started to turn blue.

279

00:14:03,000 --> 00:14:06,000

By this time the other nurse had gotten oxygen to him.

280

00:14:06,000 --> 00:14:09,000

And as I laid there consumed by this light

281

00:14:09,000 --> 00:14:11,000

with the choice to make about quitting,

282

00:14:11,000 --> 00:14:14,000

I thought about meeting my God

283

00:14:14,000 --> 00:14:17,000

and looking at him and saying,

284

00:14:17,000 --> 00:14:19,000

I quit.

285

00:14:19,000 --> 00:14:21,000

And I couldn't do that.

286

00:14:21,000 --> 00:14:23,000

And his diaphragm started taking over again

287

00:14:23,000 --> 00:14:26,000

and he was breathing shallowly again.

288

00:14:26,000 --> 00:14:29,000

I came back and I was a different man.

289

00:14:29,000 --> 00:14:33,000

I could just feel my face shining.

290

00:14:33,000 --> 00:14:35,000

And I just glowed.

291

00:14:35,000 --> 00:14:38,000

Like many people with near-death experiences,

292

00:14:38,000 --> 00:14:41,000

Will's outlook on life completely changed.

293

00:14:41,000 --> 00:14:44,000

I'm sure that there's something that occurs.

294

00:14:44,000 --> 00:14:47,000

I don't think we have any scientific explanation.

295

00:14:47,000 --> 00:14:48,000

Before the accident,

296

00:14:48,000 --> 00:14:52,000

William was very shy after his experience.

297

00:14:52,000 --> 00:14:54,000

It was like the dam broke

298

00:14:54,000 --> 00:14:56,000

and his whole being came out

299

00:14:56,000 --> 00:14:58,000

and we got to know William at that point.

300

00:14:58,000 --> 00:15:01,000

I was going to live my life.

301

00:15:01,000 --> 00:15:04,000

And the doctors kept saying,

302

00:15:04,000 --> 00:15:06,000

you'll never walk again, Will.

303

00:15:06,000 --> 00:15:10,000

But amazingly, his condition improved little by little.

304

00:15:10,000 --> 00:15:13,000

It was almost like every week we'd get a new phone call saying,

305

00:15:13,000 --> 00:15:16,000

he's sat up, he's walking now, he's standing up.

306

00:15:16,000 --> 00:15:19,000

What caused Will's unexpected recovery?

307

00:15:19,000 --> 00:15:23,000

According to his family, the answer is prayer.

308

00:15:23,000 --> 00:15:26,000

His doctors don't know what to make of it.

309

00:15:26,000 --> 00:15:29,000

Conventional medical wisdom would have said

310

00:15:29,000 --> 00:15:32,000

that he would be totally paralyzed for life.

311

00:15:32,000 --> 00:15:35,000

And I certainly would call this a miracle.

312

00:15:35,000 --> 00:15:38,000

Will is now walking on his own and headed to college.

313

00:15:38,000 --> 00:15:42,000

He's had a chance to have his life,

314

00:15:42,000 --> 00:15:44,000

to lose his life as he knows it,

315

00:15:44,000 --> 00:15:46,000

and to have a back again.

316

00:15:46,000 --> 00:15:48,000

And that's something that very few people

317

00:15:48,000 --> 00:15:50,000

give the chance to do in this life.

318

00:15:50,000 --> 00:15:53,000

Coming up on Unexplained Mysteries,

319

00:15:53,000 --> 00:15:56,000

a woman is trapped in a car underwater.

320

00:15:56,000 --> 00:15:58,000

Does her dead husband help her survive?

321

00:15:58,000 --> 00:16:02,000

Some of the energy involved in his dying process

322

00:16:02,000 --> 00:16:06,000

is now being aided, padded, and kicking out the window.

323

00:16:06,000 --> 00:16:10,000

Drowning in icy water, her son had a near-death vision.

324

00:16:10,000 --> 00:16:12,000

And I started flying from this tunnel.

325

00:16:12,000 --> 00:16:15,000

I went through a gate on the right,

326

00:16:15,000 --> 00:16:18,000

and then I saw these flowers.

327

00:16:18,000 --> 00:16:21,000

Some experts believe a man killed by the Nazis

328

00:16:21,000 --> 00:16:24,000

has been reincarnated into a Canadian man's soul.

329

00:16:24,000 --> 00:16:28,000

He saw a very Jewish model of heaven.

330

00:16:28,000 --> 00:16:32,000

He was there for an exclusive report on his regression hypnosis.

331

00:16:32,000 --> 00:16:36,000

I feel a sharp pain in my back.

332

00:16:36,000 --> 00:16:39,000

I just fall into this trench,

333

00:16:39,000 --> 00:16:43,000

and you can't move because of the pain.

334

00:16:43,000 --> 00:16:47,000

A psychic helps a man who blames himself for his mother's death.

335

00:16:47,000 --> 00:16:51,000

And she wants me to tell you that don't you care what others think.

336

00:16:51,000 --> 00:16:53,000

She said that. It's not your fault.

337

00:16:53,000 --> 00:16:57,000

We'll give you the final answers in our Unex report.

338

00:16:57,000 --> 00:17:01,000

All here on Unexplained Mysteries.

339

00:17:04,000 --> 00:17:06,000

Unexplained Mysteries.

340

00:17:06,000 --> 00:17:09,000

Dead and back again.

341

00:17:09,000 --> 00:17:14,000

Many people claim they've sensed the presence of a loved one,

342

00:17:14,000 --> 00:17:17,000

even after they died.

343

00:17:21,000 --> 00:17:25,000

The mountains of eastern Washington state.

344

00:17:25,000 --> 00:17:29,000

A family is on its way back from a ski trip.

345

00:17:29,000 --> 00:17:33,000

Within five minutes of leaving the ski area, we hit some black ice.

346

00:17:33,000 --> 00:17:36,000

We hit one rating, and then just get it out of control,

347

00:17:36,000 --> 00:17:39,000

and hit another, and then after a few times, we went over the rating.

348

00:17:39,000 --> 00:17:43,000

While we were airborne, it seemed like it took forever.

349

00:17:43,000 --> 00:17:46,000

I had enough time to be really, really afraid.

350

00:17:46,000 --> 00:17:49,000

Their car flew over a guardrail,

351

00:17:49,000 --> 00:17:53,000

and down 80 feet into the freezing waters of the Sky-Komish River.

352

00:17:53,000 --> 00:17:57,000

I realized that the car was filling up with water very, very fast.

353

00:17:57,000 --> 00:17:59,000

She was trapped.

354

00:17:59,000 --> 00:18:03,000

Her legs and feet jammed into the engine compartment.

355

00:18:03,000 --> 00:18:08,000

I finally was able to pull my feet out, and I laid down on the seat,

356

00:18:08,000 --> 00:18:10,000

and I put my feet up to the window and kicked.

357

00:18:10,000 --> 00:18:12,000

I kicked and kicked and kicked.

358

00:18:12,000 --> 00:18:17,000

I don't know how many times, but I know I had to kick a lot.

359

00:18:17,000 --> 00:18:22,000

The window wouldn't break due to the immense pressure of the water against it.

360

00:18:22,000 --> 00:18:26,000

Patty knew she had one last kick left.

361

00:18:26,000 --> 00:18:30,000

As I put my feet to the window, it seemed like I knew what to do,

362

00:18:30,000 --> 00:18:34,000

and I had this incredible feeling come through me,

363

00:18:34,000 --> 00:18:38,000

that the best thing I could describe is I call it liquefied love.

364

00:18:38,000 --> 00:18:40,000

Finally, she broke the window.

365

00:18:40,000 --> 00:18:46,000

I swam out of the car and came up gasping for air holding onto the ski racks,

366

00:18:46,000 --> 00:18:50,000

and my six-year-old son came bobbing to the surface,

367

00:18:50,000 --> 00:18:52,000

and I saw him floating down the river.

368

00:18:52,000 --> 00:18:58,000

So I grabbed him and somehow got the two of us up onto the roof of the car.

369

00:18:58,000 --> 00:19:03,000

Patty was certain that her husband, John, was by the river, safe, but perhaps injured.

370

00:19:03,000 --> 00:19:07,000

I had this strong sense of him sitting up there on the rocks,

371

00:19:07,000 --> 00:19:10,000

and I knew he was okay, and I knew he was sitting there.

372

00:19:10,000 --> 00:19:15,000

I was mad, thinking, John, why aren't you helping me get your kids out of this car?

373

00:19:15,000 --> 00:19:18,000

Patty and her son still needed help.

374

00:19:18,000 --> 00:19:21,000

The lights from the car made an eerie glow in the water,

375

00:19:21,000 --> 00:19:24,000

and I could see Patty on top of the car.

376

00:19:24,000 --> 00:19:28,000

A man appeared out of nowhere and jumped in the water and swam out to the car,

377

00:19:28,000 --> 00:19:30,000

and he said, is anybody left in the car?

378

00:19:30,000 --> 00:19:35,000

And I was screaming, yes, my baby, my baby, because I knew my husband was okay.

379

00:19:35,000 --> 00:19:40,000

Johnson dove under and tried to rescue Patty's younger son, Chris.

380

00:19:40,000 --> 00:19:44,000

At first, he couldn't find Chris in the icy blackness,

381

00:19:44,000 --> 00:19:48,000

but finally, he emerged with the boy's lifeless body.

382

00:19:48,000 --> 00:19:52,000

He rolled over his head out of the water, and water came out of his mouth.

383

00:19:52,000 --> 00:19:55,000

I knew he wasn't breathing at that point for sure.

384

00:19:55,000 --> 00:19:57,000

I could see my little four-year-old was dead.

385

00:19:57,000 --> 00:20:00,000

Johnson performed CPR on Chris.

386

00:20:00,000 --> 00:20:03,000

Dennis said, he's okay, he's okay, he's breathing now.

387

00:20:03,000 --> 00:20:06,000

He helped Patty and the boys climb up the steep slope.

388

00:20:06,000 --> 00:20:11,000

As the shock wore off, Patty started to sense severe pain.

389

00:20:11,000 --> 00:20:16,000

She had broken her back in three places, and both ankles.

390

00:20:16,000 --> 00:20:21,000

Then, she became aware that John was not sitting by the river.

391

00:20:21,000 --> 00:20:26,000

It turned out that my husband actually was still in the car,

392

00:20:26,000 --> 00:20:29,000

and I was so confused later on when I found that out,

393

00:20:29,000 --> 00:20:35,000

because I was so sure that he was up on those rocks watching the whole thing.

394

00:20:35,000 --> 00:20:39,000

Paramedics got John out of the car and raced to the hospital,

395

00:20:39,000 --> 00:20:42,000

but there would be no reviving him.

396

00:20:42,000 --> 00:20:46,000

The medical examiner declared the cause of death, drowning.

397

00:20:46,000 --> 00:20:49,000

A state trooper that investigated this accident said,

398

00:20:49,000 --> 00:20:52,000

it is a miracle that the three of you are alive.

399

00:20:52,000 --> 00:20:54,000

You shouldn't be alive.

400

00:20:54,000 --> 00:20:57,000

Months later, Patty saw photos of the crash site.

401

00:20:57,000 --> 00:21:01,000

She believes she now knows what happened during the accident.

402

00:21:01,000 --> 00:21:03,000

I could see right above the steering wheel,

403

00:21:03,000 --> 00:21:08,000

there was a round fracture in the windshield,

404

00:21:08,000 --> 00:21:10,000

and the insurance suggestors said,

405

00:21:10,000 --> 00:21:12,000

somebody's head hit that windshield.

406

00:21:12,000 --> 00:21:14,000

And I said, oh my God, now I know.

407

00:21:14,000 --> 00:21:16,000

I know exactly when he died.

408

00:21:16,000 --> 00:21:22,000

His spirit departed his body when I put my feet to the window to kick the window out.

409

00:21:22,000 --> 00:21:24,000

Patty's back was broken.

410

00:21:24,000 --> 00:21:26,000

Her ankles were shattered.

411

00:21:26,000 --> 00:21:29,000

Yet, she managed to kick out the car window,

412

00:21:29,000 --> 00:21:31,000

then climb up a steep ravine.

413

00:21:31,000 --> 00:21:33,000

Where did the strength come from?

414

00:21:33,000 --> 00:21:35,000

Perhaps her husband died,

415

00:21:35,000 --> 00:21:39,000

and that some of the energy involved in his dying process

416

00:21:39,000 --> 00:21:43,000

aided Patty in kicking out the window.

417

00:21:43,000 --> 00:21:48,000

Patty thinks her husband's spirit stayed with the family for a while longer.

418

00:21:48,000 --> 00:21:52,000

At John's funeral, her son made a surprising remark.

419

00:21:52,000 --> 00:21:55,000

Chris pointed up to the flowers, and he said,

420

00:21:55,000 --> 00:21:57,000

Mom, look at those flowers.

421

00:21:57,000 --> 00:21:59,000

My daddy's in those flowers.

422

00:21:59,000 --> 00:22:02,000

And later, while Chris was playing his synthesizer,

423

00:22:02,000 --> 00:22:05,000

Patty heard a hauntingly beautiful melody.

424

00:22:05,000 --> 00:22:07,000

I said, what song was that?

425

00:22:07,000 --> 00:22:09,000

He said, oh, that's the music I heard in heaven.

426

00:22:09,000 --> 00:22:11,000

The water started filling up in the car,

427

00:22:11,000 --> 00:22:14,000

and I started flying through this tunnel.

428

00:22:14,000 --> 00:22:16,000

It was a rainbow-colored tunnel.

429

00:22:16,000 --> 00:22:19,000

At the end of it, there were two gates.

430

00:22:19,000 --> 00:22:21,000

I went through a gate on the right,

431

00:22:21,000 --> 00:22:24,000

and then I saw these flowers.

432

00:22:24,000 --> 00:22:28,000

Experts say Chris's account is similar to other children's.

433

00:22:28,000 --> 00:22:32,000

Children have extremely simple near-death experiences.

434

00:22:32,000 --> 00:22:35,000

They're usually fragments of a powerful experience

435

00:22:35,000 --> 00:22:38,000

that they're groping to understand.

436

00:22:38,000 --> 00:22:42,000

Dr. Morse believes the images that came to Patty and Chris

437

00:22:42,000 --> 00:22:45,000

support his concept of a parting vision.

438

00:22:45,000 --> 00:22:48,000

Chris is seeing his father's face in the flowers.

439

00:22:48,000 --> 00:22:50,000

It was clearly a spiritual event.

440

00:22:50,000 --> 00:22:52,000

Patty continued to sense that John was nearby.

441

00:22:52,000 --> 00:22:55,000

There were several occasions where I was very aware

442

00:22:55,000 --> 00:22:58,000

of my husband's presence after he died,

443

00:22:58,000 --> 00:23:01,000

and I was very upset by those.

444

00:23:01,000 --> 00:23:05,000

Patty is convinced her husband helped save his family,

445

00:23:05,000 --> 00:23:07,000

even after he died.

446

00:23:07,000 --> 00:23:11,000

He knew that the only way that his family was going to make it

447

00:23:11,000 --> 00:23:15,000

was if he could be there and help us.

448

00:23:15,000 --> 00:23:17,000

And I was badly injured.

449

00:23:17,000 --> 00:23:20,000

I couldn't have gotten those boys out of that car

450

00:23:20,000 --> 00:23:24,000

without the final gift.

451

00:23:25,000 --> 00:23:28,000

Next on Unexplained Mysteries,

452

00:23:28,000 --> 00:23:33,000

a farmer has vivid nightmares about a past life in the Holocaust.

453

00:23:33,000 --> 00:23:35,000

I couldn't connect who these people were.

454

00:23:35,000 --> 00:23:40,000

It was another man and his wife and two children.

455

00:23:40,000 --> 00:23:43,000

He subjects himself to regression hypnosis.

456

00:23:43,000 --> 00:23:44,000

I was nervous.

457

00:23:44,000 --> 00:23:47,000

What is this going to do if it reveals things to me?

458

00:23:47,000 --> 00:23:52,000

Experts find proof in the details he recalls on the way to heaven.

459

00:23:52,000 --> 00:23:56,000

And then he says, I'm not hungry anymore.

460

00:23:56,000 --> 00:24:00,000

And this to me again is a very authentic detail.

461

00:24:00,000 --> 00:24:04,000

A man and his wife are amazed after meeting with a famous psychic.

462

00:24:04,000 --> 00:24:08,000

He told us stuff that nobody else knew.

463

00:24:08,000 --> 00:24:10,000

I believe strong-leaved it.

464

00:24:10,000 --> 00:24:12,000

I just held a conversation with my mom.

465

00:24:12,000 --> 00:24:15,000

And he'll sign all up for you in the Unex report.

466

00:24:15,000 --> 00:24:19,000

Stay tuned for more Unexplained Mysteries.

467

00:24:22,000 --> 00:24:26,000

Unexplained Mysteries, dead and back again.

468

00:24:28,000 --> 00:24:34,000

Many people believe their bodies are inhabited by reincarnated souls.

469

00:24:34,000 --> 00:24:40,000

A farmer in Nova Scotia is suddenly wracked by nightmares of the Holocaust.

470

00:24:45,000 --> 00:24:47,000

Without a doubt it was not me.

471

00:24:47,000 --> 00:24:54,000

It was another man and his wife and two children, an older gentleman and a dog.

472

00:24:54,000 --> 00:24:56,000

I couldn't connect who these people were.

473

00:24:56,000 --> 00:25:00,000

We have many stories of people reincarnating from disasters.

474

00:25:00,000 --> 00:25:05,000

Many people are not aware that ascetic Jews do believe in reincarnation.

475

00:25:05,000 --> 00:25:10,000

In his dreams, Whittier saw an old clock that would prove to be significant.

476

00:25:10,000 --> 00:25:15,000

It was black, tall, very quiet.

477

00:25:15,000 --> 00:25:19,000

No one would find us because it was so quiet.

478

00:25:19,000 --> 00:25:23,000

At the last part of the dream I was told that this clock was now in Canada.

479

00:25:23,000 --> 00:25:31,000

And it could be found at a new antique shop that had opened on our Route 1, which is our main road.

480

00:25:31,000 --> 00:25:35,000

As he was on the phone telling me about this, I felt shivers go up my spine.

481

00:25:35,000 --> 00:25:41,000

Here was a man who had dreamed of a clock from Europe in another life

482

00:25:41,000 --> 00:25:47,000

and found that clock in an antique store by following directions in the dream.

483

00:25:47,000 --> 00:25:50,000

To find out the identity of the people in his dreams,

484

00:25:50,000 --> 00:25:55,000

Whittier sought out a hypnotist who specialized in regression therapy.

485

00:25:55,000 --> 00:26:00,000

I speak direct to your subconscious mind and I'll say I want you to move back to that event.

486

00:26:01,000 --> 00:26:05,000

In an exclusive session, Makadu hypnotized Whittier.

487

00:26:08,000 --> 00:26:12,000

Your mind is relaxed and you are beginning to feel at peace.

488

00:26:12,000 --> 00:26:14,000

What is happening here today where you are?

489

00:26:14,000 --> 00:26:16,000

We're reading scared.

490

00:26:16,000 --> 00:26:23,000

In his past life, Whittier claims he was a Jewish telegraph operator named Stefan Horowitz.

491

00:26:23,000 --> 00:26:26,000

His family was hiding in a root cellar.

492

00:26:26,000 --> 00:26:28,000

How long do you stay here?

493

00:26:28,000 --> 00:26:30,000

For more than two weeks.

494

00:26:30,000 --> 00:26:38,000

We went on to when he was captured by the Germans and his family was taken by trucking and by train to the camps.

495

00:26:38,000 --> 00:26:40,000

Then we moved to the last day of his life.

496

00:26:40,000 --> 00:26:50,000

What I remember is being taken to a place outside of the camp and being taken and stood along a trench.

497

00:26:50,000 --> 00:26:55,000

And we had no idea what was in the trench until we actually were made to stand there.

498

00:26:55,000 --> 00:27:00,000

And when you looked down in the trench and saw the rest of the bodies, you knew what was going to happen.

499

00:27:00,000 --> 00:27:07,000

And then I remember being shot through the back and falling into the pit.

500

00:27:07,000 --> 00:27:18,000

It was an absolutely devastating feeling to know that you actually were being somebody else and you were being shot and you were actually dying.

501

00:27:18,000 --> 00:27:24,000

During the regression, Whittier seemed to tense as if he had actually been shot.

502

00:27:24,000 --> 00:27:32,000

I then realized that I actually didn't die from being shot, that I died from suffocation because of the bodies on top of me.

503

00:27:32,000 --> 00:27:36,000

Move out of the body and tell me what it feels like that you're left out of the body.

504

00:27:36,000 --> 00:27:40,000

There's so many people that are going up.

505

00:27:40,000 --> 00:27:43,000

As you see this light, it's so bright.

506

00:27:43,000 --> 00:27:47,000

There's rays of blue light that are coming.

507

00:27:47,000 --> 00:27:51,000

And then he says, I'm not hungry anymore.

508

00:27:51,000 --> 00:28:04,000

And this to me again is a very authentic detail because the immediate realization as he enters the gates of heaven is that he's no longer hungry and he's no longer cold.

509

00:28:04,000 --> 00:28:10,000

And if he were making up the story, that would not likely be the first thing you would say upon being in the gates of heaven.

510

00:28:10,000 --> 00:28:14,000

Whittier says he saw blue light and that surprised him.

511

00:28:14,000 --> 00:28:20,000

In this life, he had read in books, etc., that it should be a white light. It should be a yellow light.

512

00:28:20,000 --> 00:28:25,000

Well, in Jewish mystical tradition, the light is a blue light.

513

00:28:25,000 --> 00:28:31,000

And considering that his own background is Christian, he didn't see angels with harps, he didn't see Jesus.

514

00:28:31,000 --> 00:28:39,000

He saw what I believe Stefan Horwitz would have expected to see, a very Jewish model of heaven.

515

00:28:39,000 --> 00:28:44,000

Rabbi Gershom has a theory about Holocaust reincarnation.

516

00:28:44,000 --> 00:28:59,000

What I believe happened in the Holocaust is that so many Jews were killed at once and entire family lines were destroyed that these people could not come back in their own village or their own family line.

517

00:28:59,000 --> 00:29:03,000

So they sought out the nearest body they could find.

518

00:29:03,000 --> 00:29:08,000

Whittier was plagued with questions until he was hypnotized.

519

00:29:08,000 --> 00:29:10,000

I now have a real sense of peace.

520

00:29:10,000 --> 00:29:15,000

And what about the clock that Whittier had such strong images about in his dreams?

521

00:29:15,000 --> 00:29:20,000

It's my belief that it was the will of God that he have this clock returned to him.

522

00:29:20,000 --> 00:29:25,000

Now, the clock itself was a very expensive antique that Bruce could not afford to buy.

523

00:29:25,000 --> 00:29:35,000

And as I began to tell the story in conferences around the country, people began to pass the hat and collect money to ransom the clock.

524

00:29:35,000 --> 00:29:39,000

And so the clock now sits in Bruce's home.

525

00:29:39,000 --> 00:29:51,000

It certainly has increased my belief in the spirit world and without their help and the guides and those that are dealing with us on the other side, that there was no way that the clock would arrive.

526

00:29:51,000 --> 00:30:00,000

Rabbi Gershom believes there is a powerful reason why Bruce Whittier and people like him experience reincarnation visions.

527

00:30:00,000 --> 00:30:06,000

Jewish culture has survived. The Nazis did not succeed in destroying that.

528

00:30:06,000 --> 00:30:17,000

And so those who still have pain from that other life can find much healing in finding out what it was that they gave their lives to preserve.

529

00:30:17,000 --> 00:30:24,000

Coming up on Unexplained Mysteries, psychic James Van Progg helps a man speak to his dead mother.

530

00:30:24,000 --> 00:30:30,000

She's trying to make up for not being there for you when she was alive and she's with you with the kids.

531

00:30:30,000 --> 00:30:35,000

Van Progg's dramatic revelations about her death affect the man deeply.

532

00:30:35,000 --> 00:30:38,000

Don't you care what others think. It's not your fault.

533

00:30:38,000 --> 00:30:44,000

And you'll get the ultimate summary with the Unexplained Mysteries.

534

00:30:54,000 --> 00:30:59,000

Unexplained Mysteries, dead and back again.

535

00:31:00,000 --> 00:31:05,000

Some people believe that psychics can communicate with spirits of the dead.

536

00:31:12,000 --> 00:31:20,000

Kevin Boss was riding with his mother on a lonely highway. Suddenly a plane came out of the sky attempting an emergency landing.

537

00:31:20,000 --> 00:31:23,000

His mother was decapitated by its wing.

538

00:31:23,000 --> 00:31:28,000

If she wouldn't have pushed me down, the wing would have hit me first. She literally saved my life.

539

00:31:28,000 --> 00:31:34,000

Since that time, his life has been in turmoil, full of drug and alcohol abuse.

540

00:31:34,000 --> 00:31:36,000

I'm running from the pain.

541

00:31:36,000 --> 00:31:42,000

Kevin believes that if only he could talk to his mother one more time, everything would be alright.

542

00:31:42,000 --> 00:31:51,000

So his wife, Dina, contacted James Van Progg, a clairvoyant who's renowned for helping people contact loved ones who've died.

543

00:31:51,000 --> 00:31:55,000

I think everybody is born with intuition. Everybody's psychic from one degree or another.

544

00:31:55,000 --> 00:31:59,000

But there are those people that are born with maybe a little bit more sensitivity than most.

545

00:31:59,000 --> 00:32:04,000

And if that can be developed and harnessed, then you have results as far as what I'm able to do.

546

00:32:04,000 --> 00:32:07,000

Kevin and Dina have high hopes for the session.

547

00:32:07,000 --> 00:32:10,000

The biggest thing I would hope for is just a chance to say goodbye.

548

00:32:10,000 --> 00:32:13,000

And I loved her very much.

549

00:32:14,000 --> 00:32:25,000

I want to be able to start from today on new and have Kevin be whole.

550

00:32:25,000 --> 00:32:31,000

The session began. Van Progg sensed the presence of Kevin's dead mother.

551

00:32:31,000 --> 00:32:37,000

Our first impression I get is a lady standing right next to you. And I do feel it's a mother figure.

552

00:32:37,000 --> 00:32:38,000

I do feel this energy.

553

00:32:38,000 --> 00:32:42,000

And your mom is here and she's giving you both a kiss.

554

00:32:42,000 --> 00:32:45,000

And she's telling me that she planned this whole thing.

555

00:32:45,000 --> 00:32:48,000

And she wants me to tell you that. She planned this.

556

00:32:48,000 --> 00:32:51,000

And she's giving love to the babies.

557

00:32:51,000 --> 00:32:54,000

And I don't know what she's talking about, but she's talking about the babies of babies.

558

00:32:54,000 --> 00:32:55,000

Yes, right, your babies.

559

00:32:55,000 --> 00:32:58,000

And she's telling me, now you might find this very funny,

560

00:32:58,000 --> 00:33:00,000

but she's telling me you're going to have another baby.

561

00:33:00,000 --> 00:33:03,000

Has it been talked about to having another child?

562

00:33:03,000 --> 00:33:04,000

Yes.

563

00:33:04,000 --> 00:33:08,000

And one of the baby's names. Is it named after her?

564

00:33:08,000 --> 00:33:09,000

Yes.

565

00:33:09,000 --> 00:33:13,000

Her middle name. Because she said the baby's name is something about the name there.

566

00:33:13,000 --> 00:33:16,000

She was mentioning the name after. And she wants to thank you for this, right?

567

00:33:16,000 --> 00:33:20,000

And she protects the babies. She protects them. She does protect them.

568

00:33:20,000 --> 00:33:22,000

Okay, yeah, go on.

569

00:33:23,000 --> 00:33:28,000

Van Progg surprises the couple by telling them something very personal about their family.

570

00:33:28,000 --> 00:33:33,000

Yes. And I'm also picking up, I'm being shown by your mom a necklace.

571

00:33:33,000 --> 00:33:37,000

A necklace. And I don't know if it's a heart on the necklace, but it's something with a necklace.

572

00:33:37,000 --> 00:33:39,000

And who has a necklace, please?

573

00:33:39,000 --> 00:33:41,000

Her, his cousin does.

574

00:33:41,000 --> 00:33:42,000

Your cousin?

575

00:33:42,000 --> 00:33:43,000

And his cousin is supposed to get it.

576

00:33:43,000 --> 00:33:45,000

And it's supposed to get the necklace of hers. Thank you.

577

00:33:45,000 --> 00:33:50,000

It's your mother's necklace. And she wants you to have it because she wants you to give it to her granddaughter.

578

00:33:50,000 --> 00:33:53,000

Granddaughter, she's talking about. Okay?

579

00:33:53,000 --> 00:33:55,000

And go on.

580

00:33:55,000 --> 00:33:57,000

She's showing me a field, and I don't know why she's showing me a field.

581

00:33:57,000 --> 00:34:01,000

I'm seeing a farm, or I'm seeing a country road, and I'm seeing this.

582

00:34:01,000 --> 00:34:05,000

And it's like she stands on that road and she looks around, and I don't know what it means.

583

00:34:05,000 --> 00:34:07,000

Do you have, do you know what she's talking about?

584

00:34:07,000 --> 00:34:09,000

That's where the accident was.

585

00:34:09,000 --> 00:34:11,000

That's where the accident was. Okay.

586

00:34:11,000 --> 00:34:13,000

It looks like it's very rural.

587

00:34:13,000 --> 00:34:15,000

Is it rural area?

588

00:34:15,000 --> 00:34:17,000

Because it looks very rural to me.

589

00:34:17,000 --> 00:34:19,000

Right. Okay.

590

00:34:19,000 --> 00:34:22,000

Yes. And it's hard for you to go down that road, you understand?

591

00:34:22,000 --> 00:34:24,000

So it's very hard to go down that road.

592

00:34:24,000 --> 00:34:25,000

Okay.

593

00:34:25,000 --> 00:34:29,000

Then Van Progg gave Kevin the information he needed to hear.

594

00:34:29,000 --> 00:34:33,000

And she wants me to tell you that don't you care what others think.

595

00:34:33,000 --> 00:34:35,000

Don't you care what the others think.

596

00:34:35,000 --> 00:34:37,000

They blame you, you know?

597

00:34:37,000 --> 00:34:40,000

They blamed him. They blamed him for her death.

598

00:34:40,000 --> 00:34:43,000

They blamed you. And it's not your fault.

599

00:34:43,000 --> 00:34:45,000

Do you understand that? It's not your fault.

600

00:34:45,000 --> 00:34:47,000

So please be aware of that.

601

00:34:47,000 --> 00:34:49,000

She said that. It's not your fault.

602

00:34:49,000 --> 00:34:52,000

I love you both. She loves you both.

603

00:34:52,000 --> 00:34:54,000

And she wants to thank you for helping her boy.

604

00:34:54,000 --> 00:34:56,000

You've helped him a great deal, Dina.

605

00:34:56,000 --> 00:34:58,000

You've helped him in his life.

606

00:34:58,000 --> 00:35:00,000

You've helped him in his life.

607

00:35:00,000 --> 00:35:04,000

Van Progg relayed a message from Kevin's mother to help him move on.

608

00:35:04,000 --> 00:35:09,000

It's almost as if she wants you to get yourself going or, you know, get yourself going.

609

00:35:09,000 --> 00:35:12,000

And she's lovely. She loves you.

610

00:35:12,000 --> 00:35:14,000

And she's said in a very loving way.

611

00:35:14,000 --> 00:35:16,000

But she says, it's time to grow up, you understand?

612

00:35:16,000 --> 00:35:18,000

It's time to grow up.

613

00:35:18,000 --> 00:35:20,000

And, you know, you've had a hard life.

614

00:35:20,000 --> 00:35:22,000

But she says, you can do it. You can do it.

615

00:35:22,000 --> 00:35:24,000

And you said, you can do it.

616

00:35:24,000 --> 00:35:27,000

Yes. Happy with you.

617

00:35:27,000 --> 00:35:29,000

She's proud of you, mom.

618

00:35:29,000 --> 00:35:31,000

You're mom's very proud and happy with you.

619

00:35:31,000 --> 00:35:33,000

And she loves you very, very much.

620

00:35:33,000 --> 00:35:35,000

You make your mom proud.

621

00:35:35,000 --> 00:35:37,000

She says, you make your mom proud.

622

00:35:37,000 --> 00:35:38,000

You make your mom proud.

623

00:35:38,000 --> 00:35:40,000

And she's so funny. She's toasting you.

624

00:35:40,000 --> 00:35:42,000

She's toasting you.

625

00:35:42,000 --> 00:35:45,000

None of them make sense to you, but I see her toasting you.

626

00:35:45,000 --> 00:35:47,000

Oh, yeah.

627

00:35:47,000 --> 00:35:49,000

Does that make sense with her character?

628

00:35:49,000 --> 00:35:51,000

Because that's what I'm seeing.

629

00:35:51,000 --> 00:35:53,000

Yes, very much so.

630

00:35:53,000 --> 00:35:55,000

She is a very honest person.

631

00:35:55,000 --> 00:35:57,000

She wants me to give this to you.

632

00:35:57,000 --> 00:35:59,000

She wants me to give you this that she's around you

633

00:35:59,000 --> 00:36:01,000

and she's trying to make up,

634

00:36:01,000 --> 00:36:03,000

but not being there for you when she was alive.

635

00:36:03,000 --> 00:36:05,000

And she's with you, with the kids.

636

00:36:05,000 --> 00:36:07,000

Yes, very much.

637

00:36:07,000 --> 00:36:09,000

Any other question you'd like to ask?

638

00:36:09,000 --> 00:36:11,000

I'd just like to tell her I love her.

639

00:36:11,000 --> 00:36:13,000

I thank her.

640

00:36:13,000 --> 00:36:15,000

I really thank her.

641

00:36:15,000 --> 00:36:17,000

Yes. Good. Thank you very much.

642

00:36:17,000 --> 00:36:19,000

She wants to thank you, mom.

643

00:36:19,000 --> 00:36:21,000

I love you. She loves you both.

644

00:36:21,000 --> 00:36:23,000

Okay.

645

00:36:23,000 --> 00:36:25,000

Thank you, God.

646

00:36:25,000 --> 00:36:27,000

You okay?

647

00:36:27,000 --> 00:36:29,000

Yeah.

648

00:36:29,000 --> 00:36:31,000

Yeah, I'm great.

649

00:36:31,000 --> 00:36:33,000

Okay.

650

00:36:33,000 --> 00:36:35,000

I'm the radio.

651

00:36:35,000 --> 00:36:37,000

And, you know, one day the radio might be working really well

652

00:36:37,000 --> 00:36:39,000

and other days it might be hard to hear.

653

00:36:39,000 --> 00:36:41,000

So I never take it for granted.

654

00:36:41,000 --> 00:36:43,000

Kevin was profoundly affected by

655

00:36:43,000 --> 00:36:45,000

Van Prog's psychic abilities.

656

00:36:45,000 --> 00:36:47,000

He told us stuff that nobody else would have heard.

657

00:36:47,000 --> 00:36:49,000

He told us stuff that nobody else would have heard.

658

00:36:49,000 --> 00:36:51,000

He told us stuff that nobody else would have heard.

659

00:36:51,000 --> 00:36:53,000

He told us stuff that nobody else knew.

660

00:36:53,000 --> 00:36:55,000

And there was no way he could have found out, you know?

661

00:36:55,000 --> 00:36:57,000

And there was no way he could have found out, you know?

662

00:36:57,000 --> 00:36:59,000

So without a doubt,

663

00:36:59,000 --> 00:37:01,000

I believe strongly that I just held a conversation

664

00:37:01,000 --> 00:37:03,000

with my mom.

665

00:37:03,000 --> 00:37:05,000

I felt this way completely leave him.

666

00:37:05,000 --> 00:37:07,000

I felt this way completely leave him.

667

00:37:07,000 --> 00:37:09,000

That happens when there's a little more

668

00:37:09,000 --> 00:37:11,000

more self-confidence there.

669

00:37:11,000 --> 00:37:13,000

There's a little more love there.

670

00:37:13,000 --> 00:37:15,000

I think that he had closure.

671

00:37:15,000 --> 00:37:17,000

And I think it has changed his way of looking at life.

672

00:37:21,000 --> 00:37:23,000

Coming up on

673

00:37:23,000 --> 00:37:25,000

Unexplained Mysteries,

674

00:37:25,000 --> 00:37:27,000

The Unex Report,

675

00:37:27,000 --> 00:37:29,000

What happens when the dead come back again?

676

00:37:29,000 --> 00:37:31,000

What happens when the dead come back again?

677

00:37:31,000 --> 00:37:33,000

Is there life after death?

678

00:37:33,000 --> 00:37:35,000

Can a soul walk the earth after the body is gone?

679

00:37:35,000 --> 00:37:37,000

Can a soul walk the earth after the body is gone?

680

00:37:37,000 --> 00:37:39,000

Do these spirits communicate with the living?

681

00:37:39,000 --> 00:37:41,000

Do these spirits communicate with the living?

682

00:37:41,000 --> 00:37:43,000

We'll dig deeper for the answers.

683

00:37:43,000 --> 00:37:45,000

Next on The Unex Report.

684

00:37:51,000 --> 00:37:53,000

And now, The Unex Report.

685

00:37:53,000 --> 00:37:55,000

Millions of people

686

00:37:55,000 --> 00:37:57,000

claim they have had an illuminating near-death experience.

687

00:37:57,000 --> 00:37:59,000

I was part of the light

688

00:37:59,000 --> 00:38:01,000

and the light was part of me.

689

00:38:01,000 --> 00:38:03,000

It was absolutely wonderful.

690

00:38:03,000 --> 00:38:05,000

I had a panoramic review of my life.

691

00:38:05,000 --> 00:38:07,000

Everything I'd ever done.

692

00:38:07,000 --> 00:38:09,000

And I was able to ask

693

00:38:09,000 --> 00:38:11,000

thousands of questions

694

00:38:11,000 --> 00:38:13,000

and have it all.

695

00:38:13,000 --> 00:38:15,000

I had a panoramic review of my life.

696

00:38:15,000 --> 00:38:17,000

Everything I'd ever done.

697

00:38:17,000 --> 00:38:19,000

And I was able to ask

698

00:38:19,000 --> 00:38:21,000

thousands of questions

699

00:38:21,000 --> 00:38:23,000

and have every one of my questions answered.

700

00:38:23,000 --> 00:38:25,000

A wounded soldier

701

00:38:25,000 --> 00:38:27,000

was certain he was going to die

702

00:38:27,000 --> 00:38:29,000

on a battlefield in Vietnam.

703

00:38:29,000 --> 00:38:31,000

And the next thing I know,

704

00:38:31,000 --> 00:38:33,000

the world was gone.

705

00:38:33,000 --> 00:38:35,000

And I suddenly came into a bright, white light.

706

00:38:35,000 --> 00:38:37,000

An artist lived through a car crash,

707

00:38:37,000 --> 00:38:39,000

but no longer fears death.

708

00:38:39,000 --> 00:38:41,000

That was as close as I ever

709

00:38:41,000 --> 00:38:43,000

get to death.

710

00:38:43,000 --> 00:38:45,000

It was really, really pleasurable.

711

00:38:45,000 --> 00:38:47,000

We're not afraid to die.

712

00:38:47,000 --> 00:38:49,000

We're not afraid to live.

713

00:38:49,000 --> 00:38:51,000

A paralyzed boy regains his will to live

714

00:38:51,000 --> 00:38:53,000

after he stops breathing.

715

00:38:53,000 --> 00:38:55,000

I came back.

716

00:38:55,000 --> 00:38:57,000

I could just feel my face

717

00:38:57,000 --> 00:38:59,000

shiny.

718

00:38:59,000 --> 00:39:01,000

Did a dead man's spirit rescue his wife

719

00:39:01,000 --> 00:39:03,000

from a car trapped underwater?

720

00:39:03,000 --> 00:39:05,000

I had this strong sense

721

00:39:05,000 --> 00:39:07,000

of him sitting up there on the rocks.

722

00:39:07,000 --> 00:39:09,000

And her drowning son

723

00:39:09,000 --> 00:39:11,000

had a near-death vision of his own.

724

00:39:11,000 --> 00:39:13,000

I started flying through this tunnel.

725

00:39:13,000 --> 00:39:15,000

And then I saw these flowers.

726

00:39:15,000 --> 00:39:17,000

A man dreams that the reincarnated soul

727

00:39:17,000 --> 00:39:19,000

of a Nazi victim

728

00:39:19,000 --> 00:39:21,000

resides in his body.

729

00:39:21,000 --> 00:39:23,000

What I remember is being taken

730

00:39:23,000 --> 00:39:25,000

to a place outside of the camp

731

00:39:25,000 --> 00:39:27,000

and stood along a trench.

732

00:39:27,000 --> 00:39:29,000

To one scholar,

733

00:39:29,000 --> 00:39:31,000

this account confirms an important

734

00:39:31,000 --> 00:39:33,000

tenet of his religion.

735

00:39:33,000 --> 00:39:35,000

Many people are not aware

736

00:39:35,000 --> 00:39:37,000

that cascetic Jews do believe in reincarnation.

737

00:39:37,000 --> 00:39:39,000

A famous psychic

738

00:39:39,000 --> 00:39:41,000

helps a young man get in touch

739

00:39:41,000 --> 00:39:43,000

with his dead mother.

740

00:39:43,000 --> 00:39:45,000

The first impression I get

741

00:39:45,000 --> 00:39:47,000

is a lady standing right next to you.

742

00:39:47,000 --> 00:39:49,000

And I do feel it's a mother figure.

743

00:39:49,000 --> 00:39:51,000

He reveals possible events from the future.

744

00:39:51,000 --> 00:39:53,000

And she's telling me

745

00:39:53,000 --> 00:39:55,000

now you might find this very funny,

746

00:39:55,000 --> 00:39:57,000

but she's telling me you're going to have another baby.

747

00:39:57,000 --> 00:39:59,000

And helps him to deal with his past.

748

00:39:59,000 --> 00:40:01,000

They blamed him

749

00:40:01,000 --> 00:40:03,000

for her death. They blamed you.

750

00:40:03,000 --> 00:40:05,000

And it's not your fault.

751

00:40:05,000 --> 00:40:07,000

Understand that? It's not your fault.

752

00:40:07,000 --> 00:40:09,000

Many doctors and scientists agree

753

00:40:09,000 --> 00:40:11,000

that near-death experiences

754

00:40:11,000 --> 00:40:13,000

are found.

755

00:40:13,000 --> 00:40:15,000

I don't think we have any scientific explanation.

756

00:40:15,000 --> 00:40:17,000

But are they spiritual events?

757

00:40:17,000 --> 00:40:19,000

Researchers disagree.

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00:40:19,000 --> 00:40:21,000

There's nothing magical about

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00:40:21,000 --> 00:40:23,000

near-death experience.

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00:40:23,000 --> 00:40:25,000

I think they do reflect cultural expectations,

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00:40:25,000 --> 00:40:27,000

cultural aspirations.

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00:40:27,000 --> 00:40:29,000

The internet provides information

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00:40:29,000 --> 00:40:31,000

for those who've had near-death experiences.

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00:40:31,000 --> 00:40:33,000

Resources such as

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00:40:33,000 --> 00:40:35,000

James Van Progg's website.

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00:40:35,000 --> 00:40:37,000

It's a great community and many people

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00:40:37,000 --> 00:40:39,000

have been helped on that website.

768

00:40:39,000 --> 00:40:41,000

And that's what it's about.

769

00:40:41,000 --> 00:40:43,000

It's about helping one another, helping each other.

770

00:40:43,000 --> 00:40:45,000

We're all here together.

771

00:40:45,000 --> 00:40:47,000

The near-death experience, for many,

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00:40:47,000 --> 00:40:49,000

it has changed their lives.

773

00:40:49,000 --> 00:40:51,000

Is it a glimpse into the beyond?

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00:40:51,000 --> 00:40:53,000

Or a biochemical response?

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00:40:53,000 --> 00:40:55,000

Whichever it is,

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00:40:55,000 --> 00:40:57,000

there seems to be no doubt about its powerful effect.

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00:40:57,000 --> 00:40:59,000

But the final answers

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00:40:59,000 --> 00:41:01,000

to these questions

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00:41:01,000 --> 00:41:03,000

must remain an unexplained mystery.

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00:41:03,000 --> 00:41:05,000

Death is the last great mystery.

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00:41:05,000 --> 00:41:07,000

It's not a free ride.

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00:41:07,000 --> 00:41:09,000

But we're all going to take the trips.

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00:41:37,000 --> 00:41:39,000

